

Skater's Name \_\_\_\_\_

Coach: \_\_\_\_\_

## 2008-2009 FALL ICE SCHEDULE TUESDAY, SEPTEMBER 2, 2008 THROUGH SATURDAY, MAY 23, 2009

### MONDAY

#### **"A" RINK**

7:00 AM OAKLAND U HOCKEY  
8:30 AM Resurface  
8:40 AM GENERAL (All Levels) (100)  
9:25 AM GENERAL (All Levels) (101)  
10:10 AM Resurface  
10:20 AM GENERAL (All Levels) (102)  
11:05 AM ADULT GENERAL (103)  
11:50 AM Resurface

12:00 PM GENERAL (All Levels) (104)  
12:45 PM GENERAL (All Levels) (105)  
1:30 PM Resurface  
1:40 PM LOW/MEDIUM F/S (106)  
2:25 PM LOW/MEDIUM F/S (107)  
3:10 PM Resurface  
3:20 PM LOW/MEDIUM F/S (108)  
4:05 PM GENERAL (All Levels) (109)  
4:50 PM Resurface  
5:00 PM GENERAL (All Levels) (110)  
6:00 PM GENERAL (All Levels) (111)  
6:50 PM Resurface  
7:00 PM SYNCHRO (Senior)  
9:00 PM Hockey

### MONDAY

#### **"B" RINK**

6:00 AM GENERAL (All Levels) (112)  
7:00 AM GENERAL/TEAM (113)  
8:00 AM GENERAL/TEAM (114)  
8:50 AM Resurface  
9:00 AM MEDIUM/HIGH F/S (115)  
10:00 AM LTS/GENERAL (LTS only) (116)  
11:00 AM MEDIUM/HIGH F/S (117)  
11:50 AM Resurface

12:00 PM TEAM DANCE (118)  
12:45 PM TEAM DANCE (119)  
1:30 PM TEAM (120)  
2:20 PM Resurface  
2:30 PM TEAM PAIR (121)  
3:30 PM TEAM PAIR (122)  
4:35 PM Resurface  
4:45 PM LTS  
5:45 PM LOW TEAM/GEN (All Levels)(123)  
6:30 PM Hockey

### MONDAY

#### **"C" RINK**

6:00 AM GENERAL (All levels) (124)  
7:00 AM GENERAL (All levels) (125)  
8:00 AM MEDIUM/HIGH F/S (126)  
8:45 AM Resurface  
9:00 AM TEAM DANCE (127)  
9:45 AM TEAM DANCE (128)  
10:30 AM TEAM PAIR (129)  
11:30 AM Resurface  
11:45 AM TEAM PAIR (130)

12:30 PM HIGH F/S (131)  
1:15 PM Resurface  
1:30 PM MEDIUM/HIGH F/S (132)  
2:15 PM HIGH F/S (133)  
3:00 PM Resurface  
3:15 PM MEDIUM/HIGH F/S (134)  
4:00 PM MEDIUM/HIGH F/S (135)  
4:45 PM Resurface  
5:00 PM LOW/MEDIUM F/S (136)

**6:00 PM HIGH SCHOOL HOCKEY**

7:30 PM Hockey

**6:00 PM Resurface**

**6:15 PM SYNCHRO (Intermediate)**

**(Shaded areas can be reserved from**

**Sept 1 – Oct 20, 2008 (8 weeks)**

**Mar 9 – May 18, 2009 (11 weeks)**

### TUESDAY

#### **"A" RINK**

7:00 AM OAKLAND U HOCKEY  
8:30 AM Resurface  
8:40 AM GENERAL (All Levels) (137)  
9:25 AM GENERAL (All Levels) (138)  
10:10 AM Resurface  
10:20 AM GENERAL (All Levels) (139)  
11:05 AM ADULT GENERAL (140)  
11:50 AM Resurface

12:00 PM GENERAL (All Levels) (141)  
12:45 PM GENERAL (All Levels) (142)  
1:30 PM Resurface  
1:40 PM LOW/MEDIUM F/S (143)  
2:25 PM LOW/MEDIUM F/S (144)  
3:10 PM Resurface  
3:20 PM MEDIUM/HIGH F/S (145)  
4:05 PM LOW/MEDIUM F/S (146)  
4:50 PM Resurface  
5:00 PM GENERAL (All Levels) (147)  
5:45 PM LOW TEAM/GEN (All Levels) (148)  
6:30 PM Hockey

### TUESDAY

#### **"B" RINK**

5:30 AM SYNCHRO (Novice)  
6:50 AM Resurface  
7:00 AM GENERAL/TEAM (149)  
8:00 AM GENERAL/TEAM (150)  
8:50 AM Resurface  
9:00 AM MEDIUM/HIGH F/S (151)  
10:00 AM LTS/GENERAL (LTS only) (152)  
11:00 AM MEDIUM/HIGH F/S (153)  
11:50 AM Resurface

12:00 PM TEAM DANCE (154)  
12:45 PM TEAM DANCE (155)  
1:30 PM TEAM (156)  
2:20 PM Resurface  
2:30 PM TEAM PAIR (157)  
3:30 PM TEAM PAIR (158)  
4:35 PM Resurface  
4:45 PM LTS  
5:45 PM Hockey

### TUESDAY

#### **"C" RINK**

6:00 AM GENERAL (All levels) (159)  
7:00 AM GENERAL (All levels) (160)  
8:00 AM MEDIUM/HIGH F/S (161)  
8:45 AM Resurface  
9:00 AM TEAM DANCE (162)  
9:45 AM TEAM DANCE (163)  
10:30 AM TEAM PAIR (164)  
11:30 AM Resurface  
11:45 AM TEAM PAIR (165)

12:30 PM HIGH F/S (166)

1:15 PM Resurface  
1:30 PM MEDIUM/HIGH F/S (167)  
2:15 PM HIGH F/S (168)  
3:00 PM Resurface

**3:15 PM HIGH SCHOOL HOCKEY**

**3:15 PM MEDIUM/HIGH F/S (169)**

**4:00 PM LOW TEAM/GENERAL (170)**

**4:45 PM Resurface**

**5:00 PM LOW TEAM/GENERAL (171)**

**5:45 PM HIGH SCHOOL HOCKEY**

**(Shaded areas can be reserved from**

**Sept 2 – Oct 21, 2008 (8 weeks)**

**Mar 10 – May 19, 2009 (11 weeks)**

7:00 PM Hockey

**WEDNESDAY****"A" RINK**

7:00 AM OAKLAND U HOCKEY  
 8:30 AM Resurface  
 8:40 AM GENERAL (All Levels) (172)  
 9:25 AM GENERAL (All Levels) (173)  
 10:10 AM Resurface  
 10:20 AM GENERAL (All Levels) (174)  
 11:05 AM ADULT GENERAL (175)  
 11:50 AM Resurface  
  
 12:00 PM GENERAL (All Levels) (176)  
 12:45 PM GENERAL (All Levels) (177)  
 1:30 PM Resurface  
 1:40 PM LOW/MEDIUM F/S (178)  
 2:25 PM LOW/MEDIUM F/S (179)  
 3:10 PM Resurface  
 3:20 PM GENERAL (All Levels) (180)  
 4:05 PM GENERAL (All Levels) (181)  
 4:55 PM Resurface  
 5:05 PM LOW TEAM/GEN (All Levels) (182)  
 5:50 PM Resurface  
 6:00 PM SYNCHRO (Senior)  
 8:00 PM Hockey

**WEDNESDAY****"B" RINK**

6:00 AM GENERAL (All Levels) (183)  
 7:00 AM GENERAL/TEAM (184)  
 8:00 AM GENERAL/TEAM (185)  
 8:50 AM Resurface  
 9:00 AM MEDIUM/HIGH F/S (186)  
 10:00 AM LTS/GENERAL (LTS only) (187)  
 11:00 AM MEDIUM/HIGH F/S (188)  
 11:50 AM Resurface  
  
 12:00 PM TEAM DANCE (189)  
 12:45 PM TEAM DANCE (190)  
 1:30 PM TEAM (191)  
 2:20 PM Resurface  
 2:30 PM TEAM PAIR (192)  
 3:30 PM TEAM PAIR (193)  
 4:35 PM Resurface  
 4:45 PM SYNCHRO (Intermediate)  
 5:45 PM Hockey

**WEDNESDAY****"C" RINK**

6:00 AM GENERAL (All levels) (194)  
 7:00 AM GENERAL (All levels) (195)  
 8:00 AM MEDIUM/HIGH F/S (196)  
 8:45 AM Resurface  
 9:00 AM TEAM DANCE (197)  
 9:45 AM TEAM DANCE (198)  
 10:30 AM TEAM PAIR (199)  
 11:30 AM Resurface  
 11:45 AM TEAM PAIR (200)  
  
 12:30 PM HIGH F/S (201)  
 1:15 PM Resurface  
 1:30 PM MEDIUM/HIGH F/S (202)  
 2:15 PM HIGH F/S (203)  
 3:00 PM Resurface  
**3:15 PM HIGH SCHOOL HOCKEY**  
 4:45 PM Resurface  
 5:00 PM MEDIUM/HIGH F/S (204)  
 5:45 PM GENERAL (All Levels) (205)  
**6:45 PM HIGH SCHOOL HOCKEY**  
 7:30 PM Hockey  
**3:15 PM MEDIUM/HIGH F/S (206)**  
**4:00 PM MEDIUM/HIGH F/S (207)**  
 6:30 PM Resurface  
 6:45 PM GENERAL (All Levels) (208)  
 7:30 PM GENERAL (All Levels) (209)  
 (Shaded areas can be reserved from  
 Sept 3 – Oct 22, 2008 (8 weeks)  
 Mar 11 – May 20, 2009 (11 weeks))

**THURSDAY****"A" RINK**

7:00 AM GENERAL (All Levels) (210)  
 7:45 AM GENERAL (All Levels) (211)  
 8:30 AM Resurface  
 8:40 AM GENERAL (All Levels) (212)  
 9:25 AM GENERAL (All Levels) (213)  
 10:10 AM Resurface  
 10:20 AM GENERAL (All Levels) (214)  
 11:05 AM ADULT GENERAL (215)  
 11:50 AM Resurface  
  
 12:00 PM GENERAL (All Levels) (216)  
 12:45 PM GENERAL (All Levels) (217)  
 1:30 PM Resurface  
 1:40 PM LOW/MEDIUM F/S (218)  
 2:25 PM LOW/MEDIUM F/S (219)  
 3:10 PM Resurface  
 3:20 PM GENERAL (All Levels) (220)  
 4:05 PM Resurface  
 4:15 PM SYNCHRO (Sr & Novice)  
 8:00 PM Hockey

**THURSDAY****"B" RINK**

6:00 AM GENERAL (All Levels) (221)  
 7:00 AM GENERAL/TEAM (222)  
 8:00 AM GENERAL/TEAM (223)  
 8:50 AM Resurface  
 9:00 AM MEDIUM/HIGH F/S (224)  
 10:00 AM LTS/GENERAL (LTS only) (225)  
 11:00 AM ADULT LTS/GENERAL (226)  
  
 12:00 PM Resurface  
 12:10 PM TEAM DANCE (227)  
 12:55 PM TEAM DANCE (228)  
 1:40 PM Resurface  
 1:50 PM TEAM PAIR (229)  
 2:50 PM TEAM PAIR (230)  
 3:50 PM Resurface  
 4:00 PM LOW/MEDIUM F/S (231)  
 4:45 PM LTS  
 5:45 PM Hockey

**THURSDAY****"C" RINK**

6:00 AM GENERAL (All levels) (232)  
 7:00 AM GENERAL (All levels) (233)  
 8:00 AM MEDIUM/HIGH F/S (234)  
 8:45 AM Resurface  
 9:00 AM TEAM DANCE (235)  
 9:45 AM TEAM DANCE (236)  
 10:30 AM TEAM PAIR (237)  
 11:30 AM Resurface  
 11:45 AM TEAM PAIR (238)  
  
 12:30 PM HIGH F/S (239)  
 1:15 PM Resurface  
 1:30 PM MEDIUM/HIGH F/S (240)  
 2:15 PM HIGH F/S (241)  
 3:00 PM Resurface  
 3:15 PM MEDIUM/HIGH F/S (242)  
 4:00 PM MEDIUM/HIGH F/S (243)  
 4:45 PM Resurface  
 5:00 PM LOW TEAM/GEN (All Levels) (244)  
 5:45 PM Hockey

**FRIDAY****"A" RINK**

7:00 AM GENERAL (All Levels) (245)  
 7:45 AM GENERAL (All Levels) (246)  
 8:30 AM Resurface  
 8:40 AM GENERAL (All Levels) (247)  
 9:25 AM GENERAL (All Levels) (248)  
 10:10 AM Resurface  
 10:20 AM GENERAL (All Levels) (249)  
 11:05 AM ADULT GENERAL (250)  
 11:50 AM Resurface

12:00 PM GENERAL (All Levels) (251)  
 12:45 PM GENERAL (All Levels) (252)  
 1:30 PM Resurface  
 1:40 PM LOW/MEDIUM F/S (253)  
 2:25 PM MEDIUM/HIGH F/S (254)  
 3:10 PM Resurface  
 3:20 PM MEDIUM/HIGH F/S (255)  
 4:05 PM LOW/MEDIUM F/S (256)  
 4:50 PM Resurface  
 5:00 PM GENERAL (All Levels) (257)  
 6:00 PM GENERAL (All Levels) (258)  
 6:50 PM Resurface  
 7:00 PM SOLO DANCE (259)  
 8:00 PM *Hockey*

**SATURDAY****"A" RINK**

8:55 AM GENERAL (All Levels) (285)  
 9:40 AM GENERAL (All Levels) (286)  
 10:25 AM Resurface  
 10:35 AM TEAM PAIR (287)  
 11:30 AM TEAM (288)

12:20 PM Resurface  
 12:30 PM TEAM DANCE (289)  
 1:15 PM *Hockey*

**SUNDAY****"A" RINK**

Hockey  
 1:45 PM Resurface  
 2:00 PM SYNCHRO  
 6:30 PM *Hockey*

**FRIDAY****"B" RINK**

6:00 AM GENERAL (All Levels) (260)  
 7:00 AM GENERAL/TEAM (261)  
 8:00 AM GENERAL/TEAM (262)  
 8:50 AM Resurface  
 9:00 AM TEAM DANCE (263)  
 10:00 AM TEAM DANCE (264)  
 10:50 AM Resurface  
 11:00 AM MEDIUM/HIGH F/S (265)  
 11:45 AM MEDIUM/HIGH F/S (266)

12:30 PM Resurface  
 12:40 PM MEDIUM/HIGH F/S (267)  
 1:25 PM HIGH F/S (268)  
 2:10 PM Resurface  
 2:20 PM TEAM PAIR (269)  
 3:20 PM TEAM PAIR (270)  
 4:20 PM Resurface  
 4:30 PM LOW TEAM/GEN (All Levels) (271)  
 5:30 PM *Hockey*

**SATURDAY****"B" RINK**

7:00 AM GENERAL (290)  
 8:00 AM ON-ICE CONDITIONING (291)  
 8:50 AM Resurface  
 9:00 AM LTS/GENERAL (292)  
 10:00 AM LTS  
 11:00 AM LTS

12:00 PM Resurface  
 12:10 PM LTS/GENERAL (293)  
 1:00 PM *Hockey*

**SUNDAY****"B" RINK**

*Hockey All Day*

**FRIDAY****"C" RINK**

6:00 AM GENERAL (All levels) (272)  
 7:00 AM GENERAL (All levels) (273)  
 7:45 AM Resurface  
 8:00 AM MEDIUM/HIGH F/S (274)  
 8:45 AM MEDIUM/HIGH F/S (275)  
 9:45 AM Resurface  
 10:00 AM TEAM PAIR (276)  
 10:45 AM TEAM PAIR (277)  
 11:30 AM Resurface  
 11:45 AM MEDIUM/HIGH F/S (278)

12:30 PM HIGH F/S (279)

1:15 PM Resurface  
 1:30 PM TEAM DANCE (280)  
 2:15 PM TEAM DANCE (281)

**3:15 PM HIGH SCHOOL HOCKEY**

5:45 PM *Hockey*  
**3:00 PM Resurface**  
**3:15 PM MEDIUM/HIGH F/S (282)**  
**4:00 PM Resurface**  
**4:15 PM GENERAL (All Levels) (283)**  
**5:00 PM GENERAL (All Levels) (284)**

(Shaded areas can be reserved from  
 Sept 5 – Oct 24, 2008 (8 weeks)  
 Mar 13 – May 22, 2009 (11 weeks))

**SATURDAY****"C" RINK**

8:00 AM GENERAL (All Levels) (294)  
 8:45 AM LOW/MEDIUM F/S (295)  
 9:30 AM Resurface  
 9:45 AM LOW/MEDIUM F/S (296)  
 10:30 AM MEDIUM/HIGH F/S (297)  
 11:15 AM Resurface  
 11:30 AM MEDIUM/HIGH F/S (298)

12:15 PM MEDIUM/HIGH F/S (299)  
 1:00 PM *Hockey*

**SUNDAY****"C" RINK**

Hockey  
 1:45 PM Resurface  
 2:00 PM SYNCHRO  
 6:00 PM *Hockey*

## OFF-ICE CLASSES FOR FALL/WINTER

SEPTEMBER 2, 2008 through MAY 23, 2009

MONDAY	CLASS LEVEL	DESCRIPTION	ROOM
3:45 – 4:30PM	Ages 13 & up (Level 3)	S & C (300)	Bloomfield Tennis/Britta
4:30 – 5:15 PM	Synchro Intermediate	S & C	Bloomfield Tennis/Britta
5:00 – 5:45 PM	Level 3	Ballet 3 (301)	Studio/Amber
5:15 – 6:00 PM	Synchro Senior	S & C	Bloomfield Tennis/Britta
6:00 – 6:45 PM	Ages 10-13 (Level 2)	S & C (302)	Wt Room/Kim
6:00 – 6:45 PM	Level 1	Ballet 1 (303)	Studio/Amber
<b>TUESDAY</b>			
2:30 – 3:30 PM	Level 4	Ballet (304)	Studio/Jacq
3:45 – 4:30 PM	Level 2	Pilates (305)	Studio/Jacq
5:00 – 5:45 PM	Level 1	Hip Hop/Jazz (306)	Studio/Jacq
6:00 – 6:45 PM	Level 2 & 3	Ballet (307)	Studio/Jacq
6:00 – 6:45 PM	Level 1	S & C (308)	Wt Room/Britta
<b>WEDNESDAY</b>			
12:00 – 1:00 PM	All levels	Yoga (309)	Bloomfield Tennis/Sari
3:45 – 4:30 PM	Ages 13 & up (Level 3)	S & C (310)	Bloomfield Tennis/Britta
4:30 – 5:15 PM	Synchro Senior	S & C	Bloomfield Tennis/Kim
6:00 – 6:45 PM	Level 3 & 4	S & C (311)	Bloomfield Tennis/Kim
6:00 – 6:45 PM	Level 1	Ballet (312)	Studio/Anne
7:00 – 7:45 PM	Synchro Intermediate	Ballet	Studio/Anne
<b>THURSDAY</b>			
2:30 – 3:30 PM	Level 4	Ballet (313)	Studio/Jacq
4:30 – 5:15 PM	Synchro Senior	S & C	Bloomfield Tennis/Britta
5:00 – 5:45 PM	Level 1	S & C (314)	Wt Room/Cindy
5:00 – 5:45 PM	Level 2	Hip Hop/Jazz (315)	Studio/Jacq
6:00 – 6:45 PM	Level 2	Ballet (316)	Studio/Jacq
6:00 – 6:45 PM	Synchro Novice	S & C	Bloomfield Tennis/Britta
<b>FRIDAY</b>			
5:00 – 5:45 PM	All Levels	Yoga (317)	Wt Room/Sari
5:00 – 5:45 PM	Level 3	Ballet (318)	Studio/Anne
<b>SATURDAY</b>			
10:00 – 10:45 AM	Level 2 & 3	S & C (319)	Wt Room/Cindy
10:30 – 11:15 AM	Boys	Ballet (320)	Studio/Anne
11:30 – 12:15 PM	Level 2 & 3	Ballet (321)	Studio/Anne