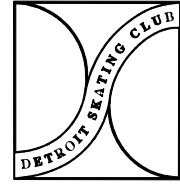


THE DETROIT SPIN



NEWSLETTER FOR THE DETROIT SKATING CLUB

APR/MAY 2005

BOARD MEMO:

As your Treasurer, I'm happy to report that DSC is doing reasonably well financially, although doing so remains a constant struggle. Our most significant challenge each year is to meet a bank requirement called the Debt Service Coverage Ratio. We met the ratio again this year through careful monitoring and management.

Last year, the single biggest financial event was the re-negotiation of our \$400,000 balloon loan payment to Standard Federal. While we improved our interest rate by approximately two percent, we were subjected to some onerous 'terms and conditions'. During this period we also reviewed our cash management practices and revised them. The re-negotiation of the loan reduces our interest expenses and the cash management changes will increase our interest income. In addition, we changed insurance policies, changed energy companies, reduced staff, dialed down thermostats and took other cost savings measures.

This year may provide some additional financial opportunities. DSC's application for an \$8 million bond issue was just approved by the Economic Development Corporation (EDC) of Oakland County. This is a maximum that we might use to 1) retire \$4 million in existing bonds 2) retire \$400,000 loan from Standard Federal 3) build a 6,000 square foot addition to house a health facility and 4) upgrade our existing facility along with some equipment. We will be pursuing these options with vigor.

In dealing with the financial community, it has been rewarding to note the complements we get on how well we've managed and improved the facility since we acquired it and how much interest there is in doing business with the Detroit Skating Club. Along with our skating program, our business and financial programs remain top notch.

Jim Joseph, Treasurer

WELCOME NEW MEMBERS:

We would like to welcome the following skaters to Detroit Skating Club and hope you enjoy training at our facility:

Georgina Hahn-Griffiths (Associate)
Dennis Ma (Team)

**We would also like to welcome back the skaters and coaches
from the Birmingham Skating Club for the spring and summer months.**

FALL/WINTER ICE PAYMENTS:

All fall/winter ice payments were due March 15. Please note that you will NOT be able to register for summer ice or renew your membership until all financial obligations have been met.

TEAM ÉLAN:

Team Élan would like to thank everyone who donated to the Bethania Foundation at the National Send-Off Exhibition. Over \$600 was raised and will be sent to orphanages in India that have been affected by the tsunami. Thrifant Financial will match what was contributed for a total of \$1200. Also thank you to April Haase and Chris Palmer for their help with this great effort.

Team Élan will be holding auditions for the 2005/06 season on the following dates:

Senior/Junior – Saturday, April 30 from 1:00-3:00 pm and Sunday, May 1 from 12:00-3:00pm. Please contact Jeannine Cullen at jybnz@aol.com or 248-332-3000 x 116 to pre-register.

Novice – Monday, May 2 from 7:50-9:30 pm and Tuesday, May 3 from 6:40-8:00 pm.

Juvenile – Monday, May 2 from 6:30-7:40 pm and Wednesday, May 4 from 6:00-7:00 pm.

Please contact Helene Wolf at HHWolf@comcast.net or 248-613-0918 to pre-register.

Preliminary – Saturday, June 18 from 9:00-10:00 am and Sunday, June 19 from 9:00-10:00 am.

Adult – Saturday, June 18 from 10:15-11:30 am and Sunday, June 19 from 10:15-11:30 am.

Please contact Helene Wolf at HHWolf@comcast.net or 248-613-0918 to pre-register.

Congratulations to Brooke Sloan who has been appointed to the US Figure Skating at large Board of Directors/Coaches/Synchronized committee.

DSC PROGRAM PROMOTIONAL COMMITTEE:

DSC is excited to have a new committee working at our rink. Their mission is "To create a positive change, generate publicity and bring in new revenue to DSC."

The members are: Matt Johnson, Chair; Richard Brown; Steve Hartsell; Dan Hollander and Barbara Martin.

At the last general meeting we passed out a new promotional brochure that we are working on and had some GREAT feedback. Hopefully, we will have the final draft by governing council. We are interested in everyone's help in promoting DSC. If you have any ideas or suggestions, please contact one of the above committee members.

Also, we are putting together a roster of DSC member consultants. This committee would call on you for advice and direction in your field. Please send your name, contact information, and specialty you can help out with (e.g. marketing, publicity, nutrition, artistic...anything and everything!).

SKATING THROUGH THE DECADES:

DSC presents it's 6th annual ice show "Skating through the Decades." The show will be held June 9-12. For those skaters and their parents who are involved, the following reminders:

Dates to remember:

- Mandatory meeting on Thursday, April 7 at 6:30pm.
- Costume pick-up is Fri., April 8 from 4:00-6:00 pm and Sat., April 9 from 10:00 am-12:00 pm.
- Picture Day is Saturday, May 7.
- On-ice rehearsals begin Monday, May 9.
- Tickets go on sale Tuesday, May 10 at 9:00 am

WHAT'S HAPPENING IN OFF-ICE:

Summer Schedule

The summer off-ice schedule is completed. I am hopeful that the **class times** will work for you. Each skating level has at least 3 choices of times throughout the day. Please be aware that the morning classes for the lower levels fill quickly and usually have waiting lists. I suggest that you also consider the earlier and late morning times for your skater. The **types of classes** offered to the skaters are balanced between dance, conditioning, some sort of strength training, and jumping type of class appropriate for the different skating levels. We have a couple of **new teachers** for the summer. Christina Tasco, from Eisenhower Dance Ensemble, has taught for us before and has been a substitute instructor. Christina has a degree in both exercise science and dance so she will be teaching both for us. Fred Caducio is a former skater and currently teaches ballroom and will be working with the Dancers.

Ballet Evaluations

The annual ballet evaluations have been mailed. If you have not received yours please see one of the ballet pros or Debbie Pitsos (248-332-3000 ext.117) to arrange to be evaluated for the summer classes.

Exercise of the Month

By Jacqueline Boucard



Abdominal Pike Contractions

Target Muscles: Abdominal muscles and upper extremities. Begin in bridge position. Contract the abdominal muscles, sliding on tops of feet into a modified pike position. Hold 10 seconds keeping the abs tight and low back rounded. Return to bridge and repeat. Begin with 3 sets of 5 reps and increase to 3-5 sets of 10 reps.

The Connecting Steps – The Skating / Ballet Connection

Many thanks to Jacqueline Boucard, Anne Marine and Jerod Swallow for the time they put into making this article a reality. If you haven't seen the article already you can find it in the March issue of *Skating Magazine* or see the article in its entirety on the DSC web site.

1ST ANNUAL WINTER GAMES CHALLENGE CUP:

The 1st annual Winter Games Challenge Cup was a great success! With over 50 skaters participating in individual skills and team competition, everyone was a winner. The Games began with the element competition then on to the relay race, which included a hula-hoop contest, a water balloon toss, and the final pass with a hilarious display led by the team leaders! The Blue team won the points race, the White team won the team spirit award and the Red team won tickets to the premiere of the movie Ice Princess.

The Winter Games Challenge Cup was full of spirited skaters, wild fans and proud families. Everyone at the Detroit Skating Club that day would agree that this was competition at its best; hard work, pure entertainment and lots of fun. We also want to express our gratitude and appreciation to all our volunteers who helped make this great day possible. Next year will be even bigger and better!

HIGH SCHOOL FIGURE SKATING:

On Saturday, March 19th, over 250 high school figure skaters, representing almost 50 teams, converged on DSC to compete for the coveted title of State Champion. Hosted by the Bloomfield Hills United Figure Skating Team, DSC came alive about 6AM as skaters from as far away as Marquette arrived for almost 18 hours of competitive figure skating.

The first event of the day was the competition for the Team Championships. 13 A-level and 13 B-level teams were challenged in jumps, moves and spins, and the longest spin. By early afternoon we celebrated the achievements of L'Anse Cruese, Bloomfield Hills United, and Ann Arbor Huron as the top A Level teams, and Ann Arbor Huron, Ann Arbor Pioneer, and Port Huron United as the top B level Teams. The competition continued into the early evening to crown State Champions in freestyle, dance, and artistic programs.

High School Figure Skating began with the efforts of the Michigan Metro Council in 1998 with 13 schools and about 100 skaters. This season 47 teams competed, in 5 districts, representing 86 schools and over 470 skaters. DSC skaters have had a major impact on the growth of high school competitive figure skating. At States, all but one of the top five A-level teams, and 8 out of the 13 teams who competed, have DSC skaters. In the district with Bloomfield Hills United, 8 of the 10 teams boast of DSC members.

The competition ran very smoothly because of the experienced DSC volunteers (skaters as well as parents) who gave many hours of their time. We were also pleased to have active involvement of three DSC Board members: Donna Dennis as a judge, Matt Johnson announcing and Cindy Roth, who helps coach the Howell team.

Special congratulations go to the Bloomfield Hills United Team of Allison Badgero, Lauren Beltowski, Sarah Capizzo, Adrienne Edson, Melissa Hampson, Lesley Jacobowitz, Michelle Lowell, Therese Mellerowicz, Jamie Rodes, Amanda Shin, Chelsea Young and Trevor Young. Following a very strong season, the A team captured the Silver, missing Gold by only 1 point at these State Championships -- the very best season in the history of the team.

Individual Event Results

Novice F/S	Shanda DeWitt	2
	Courtney Mueller	3
Junior/Senior F/S	Andrea Best	1 (State Champion)
	Trevor Young	2
	Amanda Adelson	5
Silver Dance	Anna-Kristen Daub	6
	Lauren Beltowski	7
Pre/Gold Dance	Greg Zuerlein	2
	Michelle Lowell	5
Gold Dance	Katie Oleski	1 (State Champion)
	Angela VanWiemeersch	4
Juv-Int Artistic	Jacki Fiscus	3
Nov-Sen Artistic	Lauren Gladney	2

Congratulations to all our High School Team competitors on a great season !

TEST TIDBITS:

**ALL APPLICATIONS MUST BE MAILED TO DONNA KRAUSE
OR PUT IN THE DROP BOX LOCATED IN THE MAIN OFFICE**
Applications are available at the Monitor's Desk or online at www.dscclub.com

Due to the large number of skaters testing each month, all test applications must be in **14 DAYS** before the test date. Applications are available at the ice monitors desk or online at www.dscclub.com. Late applications will not be accepted. Test Chairman is Donna Krause - (586) 263-4944. **REMINDER:** Please make sure your test application is filled out completely and written clearly. Please have your coach double check it before you turn it in to make sure it is correct.

Congratulations to our newest Gold Medallists:

Stephanie Crosby – Senior Moves in the Field
Shanda DeWitt – Senior Moves in the Field
Allison Hanson – Senior Moves in the Field
Katie Oleski – Gold Dances

Stephanie Pfeifer – Senior Moves in the Field
Molly Spearin – Senior Moves in the Field
Ben Woolwine – Senior Moves in the Field
Ben Woolwine - Senior Free Skate
Trevor Young – Senior Moves in the Field

Test Results from Feb 26 & 27, and March 15 & 16, 2005

Pre/Preliminary Moves in the Field

Allison Boike
Tayla Hasbany
Tessa LeWitt
Alexander Martin
Veronica Stafford

Preliminary Moves in the Field

Erin Graub
Megan Haase
Nicholas Hoe
Leah Israel
Julia Jueckstock
Celina LeCocq
Meghan Schooley
Elizabeth Seryak

Preliminary Free Skate

Lindsey Ferguson
Nicholas Hoe
Josh Leggett
Jessica Nicosia
Andriana Vektor
Kelsey Walton
Alexandra Zazula

Preliminary Dances

Meghan Erikson
Natalie Fireman
Erin Graub
Ashley Kersten
Lauren King
Stephanie Podolsky
Meagan Sierens
Misako Sterbenz

Pre/Juvenile Moves in the Field

Kyleen Crosby
Kylee Haase
Joshua Leggett
Sandra Nelson
Timothy Sterbenz

Pre/Juvenile Free Skate

Alexandra Aldridge
Molly Kate Winowiecki

Pre/Bronze Dances

Malka Berlin
Kaitlin Budd
Lindsey Ferguson
Karen Hostettler
Meagan Sierens
Deryck Szatkowski

Juvenile Moves in the Field

Kelsey Walton

Juvenile Free Skate

Erin Gales
Jennifer Sterbenz
Jiayi (Angela) Wan
Taylor Wiedemann

Juvenile Pair

Jennifer Johnson

Bronze Dances

Joe Crippen
Cara Schooley
Kenzee Schroeder
Jennifer Sterbenz
Deryck Szatkowski
Andriana Vektor
Shelby Waltherhouse
Kelsey Walton

Pre/Silver Dances

Adrienne Davies
Katarina Irvine
Jillian Johns
Kathleen Quigley

Intermediate Moves in the Field

Amanda Allan
Malka Berlin
Lauren Ko
Alexandra Panaretos
Farah Sheikh
Jennifer Sterbenz
Shelby Walterhouse

Intermediate Free Skate

Daniel Eaton

Intermediate Pair

Emily Glassberg
Kurt Weiss

Silver Dances

Amanda Behen
Jami Rodes

Novice Moves in the Field

Lia DiCicco (Lakeland)
Kara Lingenfelter
Jamey Little
Macey Madias
Sarabeth Perry
Sameena Sheikh

Novice Free Skate

Kaitlin McCormick
Allyse Reiners

Junior Moves in the Field

Kelsey Fay
Therese Mellerowicz
Allyse Reiners

Junior Free Skate

Juliana Bilowus
William Brewster
Sarah Glassberg
Stephanie Lange

Pre/Gold Dances

Regan Alsup

NEXT TEST DATES:

Sunday, April 17, 2005
Wednesday, May 25 (if needed)
Thursday, May 26, 2005
Sunday, June 26, 2005

**THE ABOVE DATES ARE TENTATIVE
AND SUBJECT TO CHANGE
Applications are now available online
at www.dscclub.com**

COMPETITION RESULTS:

World Junior Championships, Kitchner, Ontario, Canada – Feb 28-Mar 6, 2005

Alissa Czisny (Junior Ladies) 6

2005 Coupe du Printemps, Luxembourg – March 27, 2005

Mikenzie Frost (Novice Ladies) 1

HOUSING:

Several skaters have inquired about staying closer to the rink instead of driving the 2-3 hours they normally would drive each day. Some skaters are only here for several weeks others will need housing for the whole summer. If you are interested in housing a skater over the summer months please contact Debbie or Marriane in the main office.

EXCELLENCE FUND:

The DSC Excellence Fund provides financial grants to skaters based on financial need and skating performance in qualifying competitions. The intent is to help support the skater's future. The Excellence Fund invites applications from skaters who have demonstrated the following levels of achievement:

- Juvenile or Intermediate single skater who qualified to compete at the 2005 Junior National Championships.
- Juvenile and Intermediate dance or pair team who qualified for the final round at the 2005 Junior National Championships.
- Novice or above single skaters who competed in the 2005 Sectional and/or 2005 National Championships.
- Novice pair or dance team or above who placed in the top 6 at the 2005 Sectional and/or competed at the 2005 National Championships.

Excellence Fund applications are now available in the main office.

Applications are due no later than May 31, 2005.

THEFT OF VEHICLES:

Please be aware that there have been several cars broken into in the parking lot in recent weeks. DO NOT leave personal items on the seat of your car. Make sure your vehicle is securely locked and CD's, purses, wallets, etc. are completely OUT OF SIGHT. If you find yourself a victim, please notify the police and our office as we do have security cameras in our parking lot for officers to look at and possibly verify someone's identity.

CONGRATULATIONS:

- To Natalia Deller and her husband on the birth of their daughter, Jade, on March 31, 2005. Natalia has been teaching dance at DSC since 1998.
- To Lynne Robertson on receiving her appointment to judge senior level synchronized skating competitions. Lynne has been a member of DSC since 1982.
- To Lucent Technology from our Senior Hockey League on winning the State Championships held in Lansing and also winning their third straight National Championship in Florida.

CONDOLENCES:

To Alissandra Aronow and her family on the passing of her grandfather. Alissa is an Associate member at DSC.