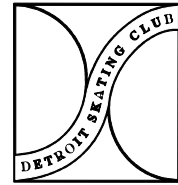


THE DETROIT SPIN



NEWSLETTER FOR THE DETROIT SKATING CLUB

DECEMBER 2005

BOARD MEMO:

We are well into the 2005-2006 skating season. The Board of Directors look forward to an exciting and successful competitive year, both locally and nationally in all of our skating programs. This season Liz Coates was welcomed back to our dance staff. Our skating coordinators are working as a team effort to improve our skating programs. The coordinator of Ice Dancing is Jerod Swallow, Pairs is Jason Dungjen and Singles is Mitch Moyer.

Last spring Johnny Johns returned to coaching full time and the Board put together a search committee to develop the skills and the responsibilities required, and to search for the new managing director. Through their search and exhaustive review of many potential candidates the Board hired Brian Dilworth as the new Managing Director of DSC. Brian comes to DSC with enthusiasm and ideas to take DSC to the next level of excellence. Please take the time to introduce yourself to Brian. He wants to meet all our members.

Congratulations to all the skaters that have participated in regionals, sectionals, junior nationals and to those who have advanced to the national championships. Also to those skaters who represented us at international competitions this season. We have many skaters who have competed and we are proud to have you representing DSC at these competitions. I want to thank all the coaches, who with your strong teaching skills, have helped our skaters get prepared for the fabulous competitive season.

February 2006 will be the tenth year of our bonds. With the good financial situation of the club and low interest rates, the Board is pursuing new bonds to retire the existing bonds and to add additional money for club capital improvement projects.

Good luck to all our skaters. May you attain all your goals for the year.

Ed Kmit, President

CONGRATULATIONS TO MERYL DAVIS & CHARLIE WHITE WHO EARNED THE SILVER MEDAL IN DANCE AT THE JUNIOR GRAND PRIX FINAL IN THE CZECH REPUBLIC, THANKSGIVING WEEKEND.

BEST OF LUCK TO ALISSA CZISNY AT THE GRAND PRIX FINAL IN TOKYO, JAPAN, DEC 16-19, 2005

CONGRATULATIONS TO OUR SKATERS WHO QUALIFIED TO COMPETE AT THE U.S. NATIONAL CHAMPIONSHIPS IN ST. LOUIS – JANUARY 9-16, 2006

**Colette Appel & Lee Harris (Senior Pairs)
Andrea Best & Trevor Young (Novice Pairs)
William Brewster (Junior Men)
Jonathan Cassar (Junior Men)
Alissa Czisny – Senior Ladies
Meryl Davis & Charlie White (Junior Dance)
Marcy Hinzmann & Aaron Parchem (Senior Pairs)
Anastasia Olson & Greg Zuerlein (Novice Dance)
Katelyn Uhlig (Senior Pairs)
Charlie White (Junior Men)**

HURRICANE RELIEF SKATING SPECTACULAR:

DSC's "Hurricane Relief Skating Spectacular" was held on Saturday, November 12. Our skaters were "spectacular" and everyone loved the show. We would like to thank all who participated, the skaters, the volunteers and those of you who purchased tickets. As a result of your support, we are pleased to report that we raised \$10,259.53 to benefit the American Red Cross Hurricane Relief Fund. THANK YOU!

Barb Elenbaas and Georgia Hartsell

WELCOME NEW MEMBERS:

We would like to welcome the following skaters to Detroit Skating Club and hope you enjoy training at our facility:

Madison George (Associate)
Ellyce Ferguson (Associate)
Simone Ferguson (Associate)
Jeffrey Fishman (A.M.)

E-MAIL ADDRESS:

If at any time throughout the year your email address changes, please make sure you give the new information to the main office so you can continue to receive the newsletter and other club mailings without interruption. **We are currently organizing an effort to contact our members through email when there is a power outage.** If you are not registered you will not receive this information - please register online at www.dscclub.com or give your email address to the main office.

POWER OUTAGE CREDITS:

Due to the recent power outages many skaters lost their practice time. If you had reserved sessions, you were given a credit at the ice monitor's desk. These sessions can be made up at anytime during the rest of the skating season.

WHAT'S HAPPENING IN OFF-ICE:

NOTICE – There will be NO off-ice classes Friday, December 23rd through the holidays. Classes will resume Monday, January 2nd.

OFF-ICE POLICIES - Skaters & Parents

- Please **DO NOT use the "Exit" doors** in the Weight Room and Dance Studio. These doors are for employees only.
- Please **NO food or drinks** other than water are allowed in either the Weight Room or Dance Studio.
- The **Off-Ice Rooms are meant for Training Purposes Only** – they are not for eating, homework, socializing or reading magazines.
- Please **use the Dance Studio or Private Training Room for stretching** as long as there are no classes or private training sessions in progress.

"OVERUSE INJURIES in FIGURE SKATING"

Get information about sport science & medicine issues from the following sources:

- Skating Magazine sports medicine/sports science articles
- USFS website – archived articles, list of healthcare professionals who treat skaters or have served as team doctors for USFS
- ISU website – archived articles and skating bibliography
- PSA seminars for coaches
- Members of UFSF Sports Medicine/Science Committee and Sports Medicine Society
- Juliet Newcomer and Athletes Programs Team at USFS

Debbie Pitsos, Coordinator

CHAMPIONS ICE REVUE

The annual "Champions Ice Revue" will be held on Friday evening, December 23 at 7:00 pm. Tickets are available in the main office during regular business hours. Bleacher seating is \$10 and gold seats are \$20. Skaters will include our Sectional, Junior National, National and International competitions.

CONGRATULATIONS:

To **Alissa Czisny** on being named the USOC Athlete of the Month for October 2005. Alissa earned a silver medal at Skate America and a gold medal at Skate Canada which then qualified her to compete in Japan in December at the Grand Prix Final.

To **Lisa Lucido, Senior Team Élan Co-captain**. Lisa was just selected to the U.S. Figure Skating Scholastic Honors Team! This recognition is for outstanding achievement in academic and skating excellence. To qualify, the skater must be a current member of U.S. Figure Skating, a full time student in their junior or senior year of high school, maintained a minimum grade point average of 3.4 over the last two years and must have competed at the novice, junior or senior level at a qualifying competition during the same year. Lisa will be honored at the U.S. National Championships in St. Louis, Missouri in January 2006.

To **Kayla Schmitt** on being named Sports girl of the Year by the Women's Sports Foundation. Kayla is a Resident member at DSC and skates at the Intermediate level. She received a donation of \$250 that she so graciously donated to DSC.

To **Tracy Sheppard** on her recent marriage to Tim Rood on November 26 in the Caribbean. Tracy is a Resident coach at DSC. Everyone at DSC wishes you the best!

To **Emily Glassberg and Kurt Weiss** on earning the silver medal in Intermediate Pairs at the Junior National Championships held in Colorado last week.

To **Madison Chock and Kurt Lingenfelter** on earning the pewter medal in Intermediate Dance at the Junior National Championships held in Colorado last week.

DATES TO REMEMBER:

Dec 9-10 – Cape Cod Synchro Competition, Bourne, MA

Dec 17 – Skate for the Cure Synchro Competition, Plymouth

Dec 23 – DSC's annual "Champions Ice Revue"

Dec 26 – 31 – Drop in ice only during the holidays

Jan 15-16 – Synchro Mid-America Competition, Fraser

ICE SPORTS CAFÉ – Food for Thought:

Best wishes for a wonderful holiday season from all of us at Ice Sports Café!

TEST TIDBITS:

Applications are available at the Monitor's Desk or online at www.dscclub.com

Due to the large number of skaters testing each month, all test applications must be in **14 DAYS** before the test date. Applications are available at the ice monitors desk or online at www.dscclub.com. Late applications will not be accepted. Test Chairman is Donna Krause - (586) 263-4944. **REMINDER:** Please make sure your test application is filled out completely and written clearly. Please have your coach double check it before you turn it in to make sure it is correct.

CONGRATULATIONS TO OUR NEWEST GOLD MEDALISTS: Kara Helgemo – Senior Moves in the Field

Test Results from November 22, 2005

Pre/Preliminary Moves in the Field

Ellyce Ferguson
Simone Ferguson
Madison George
Katie Knight
Madeline Weiner

Preliminary Moves in the Field

Katie Knight
Stephanie Podolsky

Preliminary Free Skate

Natalie Fireman
Kaitlin Krizanic (Birm)

Preliminary Dance

Caitlin DeLuca
Valerie Knoelk
Jane Lighthall

Pre/Juvenile Moves in the Field

Leah Israel

Pre/Juvenile Free Skate

Leah Israel
Jessica Nicosia

Pre/Bronze Dances

Tessa LeWitt

Juvenile Moves in the Field

Spencer Thomas (Birm)

Juvenile Free Skate

Sonia Havele (Farm Hills)

Bronze Dances

Erin Graub
Samantha Saroki

Intermediate Moves in the Field

Joshua Leggett
Julia Pyko

Intermediate Free Skate

Rachel Leggett
Rachel West

Intermediate Pair

Amy Berglund

Pre/Silver Dances

Taylor Wiedemann

Novice Moves in the Field

Lauren Beltowski (Birm)

Novice Pair

Amy Berglund

Junior Moves in the Field

Alissandra Aronow (Birm)

Pre/Gold Dances

Michaela Cook

**NEXT TEST DATES:
Thursday, December 22**

**THE LISTED DATES ARE TENTATIVE
AND SUBJECT TO CHANGE
Applications are now available online
at www.dscclub.com**

Please make sure when submitting your application that you DO NOT use your nickname. Put your proper name that is registered with US Figure Skating.

If skating elsewhere this summer or testing out of club, you must have test permission. This is available by calling Donna Krause. If you are a DSC 2nd club member, you need to request permission from your Home Club Test Chair.

Test Credit: In the event of serious injury or illness that keeps you from skating for a period of time or the death of an immediate family member, a credit will be given with doctor documentation. Please contact Donna Krause for further information and how to proceed when able to skate again.

COMPETITION RESULTS:

Midwestern Sectional Championships, Littleton, CO – November 16-19, 2005

Regan Alsup (Novice Ladies)	13
Andrea Best & Trevor Young (Novice Pairs)	2
William Brewster (Junior Men)	3
Luke Capizzo (Senior Men)	9
Jonathan Cassar (Junior Men)	4
Shanda DeWitt (Novice Ladies)	9
Alexandra Patterson (Senior Ladies)	9
Ameena Sheikh (Junior Ladies)	9
Sameena Sheikh (Novice Ladies)	11
Melissa Telecky (Senior Ladies)	11
Charlie White (Junior Men)	1
Ben Woolwine (Senior Men)	8
Trevor Young (Novice Men)	7

Pacific Coast Sectional Championships, Roseville, CA – November 16-19, 2005

Anastasia Olson & Greg Zuerlein (Novice Dance)	4
Katelyn Uhlig & Michael Modro (Senior Pairs)	4

Eastern Sectional Championships, Bethlehem, PA – November 16-19, 2005

Jessica Crenshaw & Tyler Harris (Novice Pairs)	9
Collette Appel & Lee Harris (Senior Pairs)	3

Junior Grand Prix Final, Czech Republic – November 23-26, 2005

Meryl Davis & Charlie White (Junior Dance)	2
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Junior National Championships, Westminster, CO – November 28 – Dec 3, 2005

Madison Chock & Kurt Lingenfelter (Intermediate Dance)	2Q	4F
Sarah Cifaldi (Juvenile Girls)		6Q 18F
Meghan Erikson (Juvenile Girls)	13Q	
Robert Feller (Intermediate Men)		14Q
Emily Glassberg (Intermediate Ladies)		6Q 14F
Emily Glassberg & Kurt Weiss (Juvenile Pairs)		2F
Jennifer & Stephen Johnson (Intermediate Pairs)		11F
Lauren Ko (Intermediate Ladies)	12Q	
Laura Perry & Joshua Leggett (Juvenile Dance)	9Q	14F
Sarabeth Perry (Intermediate Ladies)		11Q
Rachael Richardson & Daniel Eaton (Intermediate Dance)	4Q	8F
Kenzee Schroeder & Joe Crippen (Intermediate Dance)	4Q	12F
Angela VanWeimeersch & Patrick Mays (Intermediate Dance)	2Q	5F
Kurt Weiss (Intermediate Men)		9Q
Vanessa Wade & Robert Feller (Juvenile Pairs)		11Q

Dr. Richard Porter Synchro Competition, Ann Arbor, MI – Dec 3-4, 2005

Team Elan Preliminary	1	Team Elan Novice	2
Team Elan Pre/Juvenile	2	Team Elan Sr Short	5
Team Elan Juvenile	2	Team Elan Adult	1

LEARN TO SKATE APPRENTICE PROGRAM:

The Learn to Skate program is accepting applications for the apprentice program (instructor training). Skaters must be 17 years old and have at least a novice test level in free skating or moves. For more information please contact Barb Elenbaas or Elaine Budd at the rink, or at learntoskate@ameritech.net

ADULT CONDITIONING/STRETCH CLASS:

Parents, if you are interested in taking a stretch class offered through the DSC off-ice program on Saturday from 8:30-9:00 am, please contact Barb Elenbaas or Elaine Budd. The off-ice program will also consider offering the class another time during the week (most likely in the morning). If you have a different preference, please specify the day.

MEMORIAL WRIST BANDS:

Red, white and blue wrist bands are now available in the main office for \$3 each. The bands are in honor of the 1961 U.S. World Team that perished in a plane crash in February of that year. The Memorial Fund was created as a living endowment to benefit future skaters. The 18 stars on the band represent the 18 skaters who lost their lives in that tragic crash. All proceeds from the bands benefit the U.S. Figure Skating Memorial Fund.

CONDOLENCES:

To **Jamie Silverstein** on the passing of her grandmother. Jamie is a Resident member of DSC.

To the **Harmony and Felicity Risca** on the passing of their grandfather. The Risca's are Resident members of DSC.

**THE DSC BOARD OF DIRECTORS AND
EMPLOYEES WOULD LIKE TO WISH ALL
OUR MEMBERS
A SAFE AND HAPPY HOLIDAY SEASON !**